

Northwestern Parkinson's Disease and Movement Disorders Center presents:

Creative Arts for Parkinson's

Come join the Parkinson's Disease and Movement Disorders Center for complimentary afternoons of **MUSIC** and **DRAMA**! PDMD has joined with the Institute for Therapy Through the Arts (ITA) to offer people with PD, and their family members and care partners, an exciting creative arts experience.

Aside from being **FUN** and **SOCIAL**, participation in the arts has many benefits:

- + Improvement in physical coordination and functional movement
- + Postural awareness
- + Speech and voice enrichment
- + Word recall and articulation
- + Enhanced mood and positive attitude

When: 2nd and 4th Monday of every month from 1:00 pm to 3:30 pm.

Where: Prentice Women's Hospital, 250 E. Superior St. - 3rd Floor, Room Q

Cost: FREE – We gratefully acknowledge the generous support of Jack Ehrlich and the L & R Anixter Foundation for enabling us to sponsor this program at no cost to participants.

Parking: FREE at Huron/St. Clair Self-Park

For additional information, or to register, please contact Diane Breslow MSW, LCSW, Center Coordinator at dbreslow@nmff.org or 312-503-4397

