
Dance Class for People with Parkinson's Disease!

Dance is a stimulating mental and physical activity for people with Parkinson's disease. This structured dance class with live piano accompaniment aims to enhance balance, movement speed, coordination of movement, and overall physical and mental well-being.

When: Mondays and Wednesdays 10:00 AM to 11:00 AM

Start Date: Monday February 20, 2012

End Date: Wednesday March 28, 2012

Where: Joffrey Tower, Studio E
10 East Randolph Street
Chicago IL 60601

Attire: Comfortable

Instructor: Citlali López-Ortiz, PhD, MA
Research Scientist and Assistant Professor at the Rehabilitation Institute of Chicago and Department of Physical Medicine & Rehabilitation of Northwestern University. Dr. López-Ortiz is an expert in movement sciences/disorders and dance.

Fee: There is a \$360 fee to register for this 6 week session. Payment is due two weeks prior to start of the first class. Send check or money order to: First Position Dance and Movement Technology LLC, PO Box 1745, Evanston IL 60204. To inquire about alternative payment arrangements contact Dr. Lopez Ortiz at the electronic address below.

For registration form and more information e-mail:
Citlali.Lopez.Ortiz@gmail.com

Spouses, partners, and caregivers are welcome.
