

## DANCE CLASS FOR PEOPLE WITH PARKINSON'S DISEASE

Dates: 8-week sessions, starting Monday, November 2, 2009  
Enroll anytime: Rolling admission

Days: Mondays and Thursdays

Time: 1:00-2:00 pm

Cost: \$110.00 for 8 weeks  
(14 classes - No class Nov. 26 & Dec. 24, 2009)

Place: Drucker Center - 1535 North Dayton Street  
(west of Halsted, south of the intersection of North Avenue & Clybourn)

Parking: Adjacent lot (free) or garage (\$2.00 validated)

Attire: Comfortable

Teacher: Citlali López-Ortiz, PhD, MA, professional dancer and expert in Dance and Movement Sciences, affiliated with Northwestern University Parkinson's Disease and Movement Disorders Center and the Department of Physical Medicine & Rehabilitation/Rehabilitation Institute of Chicago

RSVP: 312/238-4401 or [c-lopez-ortiz@northwestern.edu](mailto:c-lopez-ortiz@northwestern.edu)

*Dance is a stimulating mental activity that connects the mind to the body by invoking imagery, telling stories with movement, and making use of the senses to enhance balance and coordination.*